

# Co-Coaching Skills for Teachers

## ***Teacher Professional Development [1 Day Program + Planned Support Program]***

Teachers increasingly are being asked to adopt innovative teaching strategies to focus teaching to meet the diverse needs of students, to build positive relationships amongst students to promote a culture of value and respect. Teaching already demands a set of complex skills largely mastered in the isolation of their classroom; now they must take on even more and still largely alone.

The challenge must surely be to break down teacher isolation, providing strategies for:

- Developing mutual respect and trust amongst colleagues
- Collaborative planning
- Practising new strategies with a colleague
- Giving and receiving coaching feedback - respectfully
- Helping teachers aspire to be even better - improving student learning
- Acknowledging moments of great teaching – not just improvements to be made.

***Learn simple, practical and effective strategies for collaborating with colleagues to improve teaching techniques or class management strategies – with mutual respect.***

### **Content Includes:**

- Defining coaching – identifying skills
- The principles underpinning coaching – mutual respect, collaboration, constructive feedback
- Establishing trust and respecting confidentiality
- Valuing teaching skills – acknowledging great teaching moments
- Simple coaching strategies and tools for improving teacher skill development
  - o The power of questioning to help people solve their own problems
  - o Giving and receiving feedback
  - o Using reflection tools to build learning and experience
  - o Co-Coaching Observation process and form
- The GROW model of coaching – a structured feedback process
- Coaching yourself – simple strategies for nurturing yourself
- Practical, interactive learning experiences

### **Benefits:**

This program will significantly enhance the collegiate, professional relationships between teachers, helping them to:

- Look for and value individual strengths and potential in fellow teachers
- Meet the challenges of PoLT confidently
- Use observation and coaching tools to help peers where and when it is asked for
- Use a structured, reflective process for feedback that is constructive and honours collaborative arrangements made
- Practise with a personal Tool Kit
- **Support for existing Peer Coaches** to implement the changes they've been trained to accomplish

**Leading to more confident teachers and more frequent  
“Teaching Moments of Greatness”!**

***Contact us today on 03 9563 4028 or at info@positivechange.com.au to ensure you have the skills and tools to enhance teacher effectiveness in your school.***

## What Others Have Said

*"Great framework. Very clear notes and overheads. Action activities helped clarify points".*

**Marlene Laurent. Principal, Glenferrie Primary School.**

*"Valuable for other parts of life, not just work".* **Cathy Taylor. Glenferrie Primary School.**

*"Excellent, engaging"* **Jill Trumble. Glenferrie Primary School.**

*"Interesting and valuable; gave me new insight into my role as mentor/coach".* **J Steinic. Glenferrie Primary School.**

## About Jennifer McCoy.....



**Jennifer is an inspiring, practical, thought-provoking expert who brings creativity and a sense of humour to all her workshops and clients.**

**M.Mgt. M.Ed.ST. B.A. Grad.Dip.Lib**

Jennifer McCoy is the principal behind Positive Change Consulting. She specialises in helping workplace leaders to build leadership skills and to work more effectively with their staff. She coaches school principals in the *Coaching for Experienced Principals* project supported by the ACER. Jennifer is:

- An Alumni member, Institute of Executive Coaching, Australia Pty. Ltd.
- Member, International Coach Federation (Australasia) - Planning Team for Conference2007.
- Accredited Facilitator, *"Investment in Excellence"* . The Pacific Institute
- Sessional lecturer MBA program, Australian Catholic University
- Author:
  - **"2 Way Feedback.** How to build more effective staff relationships"
  - *'Coaching – Adding value for Education'* Topics, ACPA Vol.17. No.3. 2007
  - *'Why coaching works'*. Teacher. ACER November, 2006.
  - *"Coaching for leadership in schools"*. The Australian Educational Leader. Vol.27, No.4, 2005
  - *"Give and Take"*. National Accountant. Vol 22, No.2, 2006
  - J.McCoy & M.McDonald. (2005) *"Performance Coaching for Managers"*. Facilitator & Participant Resources (2006). Australian Institute of Management.

She has worked with a wide range of industries:

- Education – ACER, Australian Principals Centre, Deakin University, Individual schools
- Health, Local Government, Emergency Services, Superannuation and Aged Care
- Small to large commercial organisations.